

Protecting Upper Saranac from Light Pollution Opportunities for Lake - Friendly Living

What is Light pollution? It is the brightening of the night sky caused by man-made sources, which has a disruptive effect on natural cycles and inhibits the observation of stars and planets.

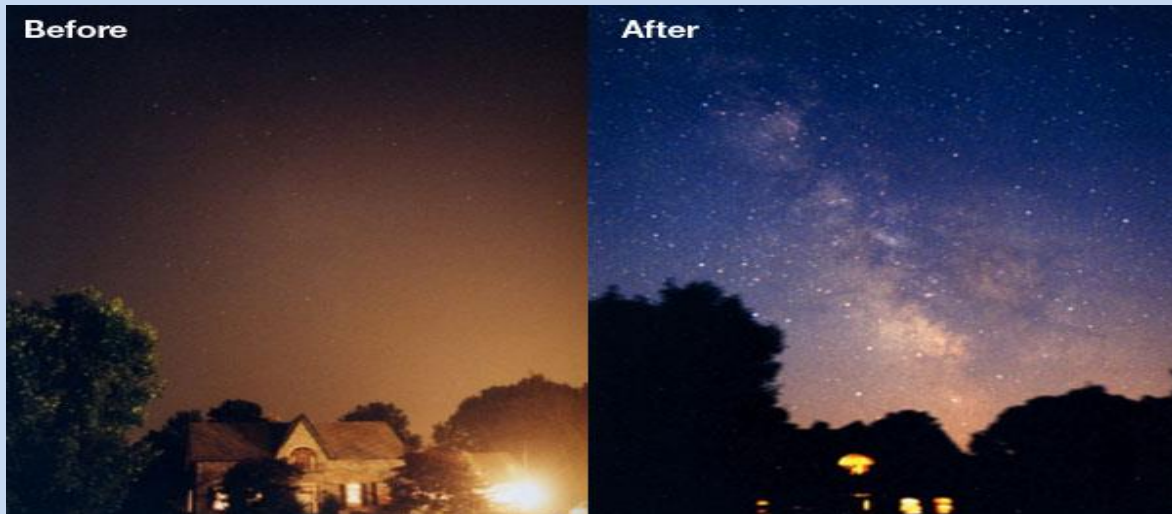
Light pollution occurs when:

1. Too much light is being used when and where they are not necessary.
2. Aimed improperly
3. Nobody is there to use it

The inappropriate or excessive use of artificial light– can have serious environmental consequences for humans, wildlife, and our climate.

Types of light pollution include:

1. Light trespass – light falling where it is not intended or needed
2. Skyglow – brightening of the night sky that can be seen from miles away
3. Glare – excessive brightness that causes visual discomfort
4. Clutter – bright, confusing and excessive groupings of light sources



You Can Help!

The good news is that light pollution, unlike many other forms of pollution, is reversible and each one of us can make a difference! Just being aware that light pollution is a problem is not enough; the need is for action. You can start by minimizing the light from your own home at night. You can do this by following these simple steps.

1. Only use lighting when and where it's needed
2. Minimize the use of lights and turn off lights when not needed
3. If safety is concern, install motion detector lights and automated timers
4. Properly shield all outdoor lights to face downward

